

Upton VH Tennis Club



www.uptontennisclub.co.uk



UPTON VH TENNIS CLUB SEASON 2013

Rake Lane, Upton, Wirral, CH49 0US

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Club Committee 2013

President	Brian Ballard
Chairman	Mike Leeman
Honorary Treasurer	Dave Gatti
Club Captain	Julia Bond
Vice Captain	Sandie Craze
Honorary Secretary	Bev Leeman
Family/Junior Coordinator	Bernie Towey
House Coordinator	Sheila Ryde
Club Coach	Mike Schorah



Annual Wirral Tennis League Awards Evening 2012

Welcome from your new Chairman – Mike Leeman

I am excited about the coming season at Upton VH Tennis club. The club, founded in 1919 as part of the Upton Victory Hall memorial to the parishioners of Upton who lost their lives in the great war has served the residents of Upton and the Wirral for fast approaching 100 years. Its new young and vibrant committee is striving to build upon the foundations of those who have previously served the club, whilst planning for the future and to ensure that Upton remains one of the premier tennis clubs on the Wirral and beyond for all age groups and families to enjoy.

After a successful year in 2012 on court with all 3 of our senior mixed teams in the Wirral Tennis League winning their respective divisions winning 41 out of 42 matches I have passed the reigns of the club captaincy to Julia Bond. Julia has progressed through the ranks of the club from the juniors and having recently graduated from University with a first class honours degree. She is in perfect position to try and build on the success of last year as Julz was the captain of our undefeated 1st team and can bring some added focus on our junior teams with her previous experience in this regard. I also welcome Dave Gatti as the clubs new treasurer. Dave has been a member of the club since he was 9 years of age. We also have Bev Leeman as Club Secretary to deal with the administration of the club. It would be amiss of me not to thank the sterling work of the outgoing committee members, Terry Adlard, Mike Bidston, Win Boston and Paul Chandler who have dedicated many hours of service to the club and who I know will continue to assist behind the scenes.



Our team members with our league titles at the league presentation evening September 2012.

We are to have a strong focus this year on maintaining our competitive edge, whilst dramatically improving the opportunities for social play with a new and varied social calendar including monthly Saturday Afternoon BBQ's and also a detailed tennis programme for the young and old alike including new for 2013, Cardio Tennis. We will strive to increase membership numbers and with that in mind we are introducing a special **family rate** for the year for new and existing members, who persuade the rest of their household to join the club. We would welcome efforts from our existing members to assist in this regard. Please try and encourage your friends, neighbours and family to join the club. If any of our junior members have friends who might like to join in and give tennis ago then they are welcome to bring them down to try out our junior nights as a free taster session. Membership also includes your subscription to British Tennis with the LTA which is a condition of club membership and normally costs £25 for adults and £5.00 for juniors. This entitles you to many benefits of being a member of the LTA such as discounts on holidays, clothes, tickets, a player rating to enable competition and access to the clubs Wimbledon ticket allocation to name but a few.

Junior Section

We are moving our Junior Nights from a Wednesday to a Friday. Whilst I know that this is not ideal for some members we have taken the view that it is in the best interests of the children and also the long term wellbeing of the club. Junior night is not coaching but is a social night to allow our juniors to play tennis and have exclusive use of the courts and the club with supervision of the club coach. We want to highlight the social aspect of the club and we would wish for our junior members to stay on the premises as long as they like to play with their friends and enjoy the facilities. We would welcome the parents staying with them to watch/join in and perhaps enjoy a drink at the bar. There will also be a tuck shop available. You will see from the tennis programme enclosed there are extensive coaching choices available at the weekends and on Wednesdays to help our younger members improve their game so even if Friday nights are not ideal then there are plenty of alternative options to benefit from membership. The committee felt that a Friday social junior night is an ideal start to the weekend for the children and their parents without the worries of school/work the next day for all concerned.

Coaching and Tournaments

A detailed coaching programme is now provided. The committee recommend coaching as an essential way of improving quickly. It is an aim of the club not only to improve the competitiveness of our junior members by entering more teams and creating more opportunities for matches but also to have more of our junior members competing in local tournaments. The club is proud to hold a longstanding nationally regarded junior tournament over the school summer holidays and we would wish for as many of our members as possible to be entering the competition and pitch their wits against their peers. Last year Paul Maddocks and Ben Leeman entered their respective age groups and were able to win their first round matches against experienced tournament players. Thomas Birtwistle pitched his wits in the mini tennis events at under 9's. We would like to see more of our juniors entering. Ben Leeman has gone on to compete regularly getting himself into the top 10 of the county, and is now ranked 347 in the UK and that has happened in only 6 months from his first tournament. We have a number of junior players with similar ability who I would like to see develop as they are the foundation of our junior teams for the years to come, and the stars of our senior teams of the future. Last year we had 6 junior players represent the club in the senior teams and so we have a clear development path to reward our hard working and improving youngsters.

Membership Details

Please find enclosed spare membership forms, details of your benefits of membership and the tennis programme for the forthcoming year. Our membership offers real value for money. A family membership costs from as little as £30 per month. A junior membership is from £3.30 per month and a full playing member from £16.25 per month. It's over £20 per hour at Bidston to hire a court and at David Lloyd a family costs nearly £200 per month.

We offer exceptional value for money with plenty of opportunity to play and learn tennis, get fit, socialise and enjoy time with your family and friends in a safe friendly environment for a monthly cost less than hiring a court at Bidston Tennis Centre for 1 hour!!

How to get the most out of your Club Membership in 2013

Whether you are new to the club, or have been a member for a long time, I would like to bring to your attention what is available to you and when so that you can make the most of your membership.

1. **Social Tennis** for Adults takes place on Monday and Wednesday evenings, Wednesday, Saturday and Sunday afternoons. The last Saturday of every month we will hold a BBQ and at other advertised intervals throughout the year. If you are new to the club and need a contact please phone Bernie on 07745 518950 or sign onto the club website for further information and contact details of members looking to arrange social games.
2. **Social Activities** that are planned this year range from our Traditional Curry Night, Brunch, Christmas Carols, Wine Quiz to our Wimbledon Draw, regular Saturday BBQ's, Race Night, Junior Presentation night and our Casino Night to name but a few. Please check out the website for more details and look out for emails with further details.
3. **Coaching** Contact our Club Coach Mike Schorah on 07505 356724 to arrange. Full details of the extensive programme are contained within this brochure but there is something for everyone including new for 2013 – Cardio Tennis.
4. **Junior Night and Holiday Camps** – Change for this year is that Junior Night is now taking place on Friday evenings from 5.00pm onwards. We also have holiday camps available all year round during the school holidays.
5. **Tennis Competitions** - Competitive opportunities available for those members who wish to pit their wits against other members. We have both serious and fun competitions throughout the year including the open and handicapped tournaments and our junior championships and we are looking to introduce box leagues in due course.
6. **Club Teams** – The club has 3 mixed teams and 2 Men's teams entered in the Wirral Tennis League. We will also enter teams in the Cheshire Shield, Wirral Tankard and have teams in the Winter League. In addition we have entered teams in the national AEGON junior league at Under 18, under 16, under 14, under 12, under 10. We will arrange some local matches with our local clubs for all age groups right from under 8's upwards so everyone will get a chance to compete and improve.
7. **Wimbledon Tickets** – All our members aged 9 and over are entitled to apply for the clubs allocation of tickets to a Wimbledon, one of the world's premier sporting events.
8. **200 Club** – The club runs a 200 club monthly prize draw. For only £2.00 a month you can enter the clubs internal lottery with chances to win prizes totalling £400 every month with the draw being the last Friday at every month at 9.30 pm.
9. **Hire the Club** – Members are able to hire the club for birthday, christenings and private functions. Contact the club secretary Bev Leeman on 07764455663 or beverleyleeman@aol.co.uk for full details or check out the website.

We have many plans in place for the coming season and so please regularly check out the website, look out for emails and texts from the club and for more instant updates become one of our followers on twitter. In the meantime I look forward to seeing you at the club over the coming season. We are always looking for new volunteers and so if you want to get involved or have any ideas or suggestions then please get in touch. Here is to a fantastic 2013.

Mike Leeman – Club Chairman

Tel: 07764455662 - mike.leeman@bljsolicitors.co.uk

Tennis Coaching Courses

Throughout the year there are coaching sessions available for different age groups and standards of player. These take place in six week cycles with match play planned for the last session of each cycle. All courses will cover instruction on developing technique and also include information on the tactical, physical and mental aspects required for successful match play. Courses will start w/c Monday 8th April

PLEASE NOTE PLACES ARE LIMITED TO 8 PER COURSE DUE TO COURT RESTRICTIONS AND INDIVIDUAL SAFETY AND ARE PAYABLE IN ADVANCE

Mini Tennis Coaching – Children aged 4 – 11 6 week courses – cost £24

Mini Tennis Programme	
Wednesday 5.00pm-6.00pm	Red Group Ages 4-6
Wednesday 6.00pm-7.00pm	Orange Group Ages 7-9
Wednesday 7.00pm-8.00pm	Green Group Ages 10-11
Saturday 9.00am -10.00am	Red Group Ages 4-6
Saturday 10.00am -11.00am	Orange Group Ages 7-9
Saturday 11.00am -12.00am	Green Group Ages 10-11

Junior Tennis Coaching – Children aged 12-17 6 week courses – cost £24

Junior Tennis Programme	
Saturday 12.00pm -1.00pm	Bronze Group Beginners
Saturday 1.00pm -2.00pm	Silver Group Intermediate
Saturday 2.00pm -3.00pm	Gold Group Advanced

Adult Tennis Coaching – Adults aged 18+ 6 week courses – cost £24

Adult Group Coaching Programme	
Monday 6.30pm -7.30pm	Adult Beginners/Improvers
Monday 7.30pm -8.30pm	Adult Intermediate
Saturday 3.00pm-4.00pm	Adult Beginners/Improvers
Saturday 4.00pm-5.00pm	Adult Intermediate

Cardio Tennis - flexible drop in sessions - cost £5 per session

Cardio Tennis is a fun based session which combines cardiovascular exercises with tennis for fitness and weight loss benefits.

Cardio Tennis	
Monday 5.30pm -6.30pm	Wednesday 7.30pm -8.30pm

Private Tennis Coaching - cost £20 per hour or £100 for 6 lessons

Individual 1-2-1 coaching is available on request (subject to mutual availability)

Additional Activities

Junior Night – Free of Charge to Club Junior Members - £3 for visitors

Junior nights are fun filled sessions where the junior members of the club have exclusive use of the club courts to play amongst themselves from 4.30pm-7.30pm. Ideally Mini Tennis will take place from 4.30pm-5.30pm, Junior Tennis from 5.30pm-7.30pm. These sessions are supervised by the club coach and a tuck shop will also be available. The bar will be open for our thirsty parents from 6.30 p.m.

Junior Night Fridays				
April	12/04/2013	19/04/2013	26/04/2013	
May	03/05/2013	10/05/2013	17/05/2013	24/05/2013
June	07/06/2013	14/06/2013	21/06/2013	28/06/2013
July	05/07/2013	12/07/2013	19/07/2013	
September	06/09/2013	13/09/2013	20/09/2013	27/09/2013
October	04/10/2013	11/10/2013		

Holiday Tennis Camps - Cost £15 per day or £50 for 4 days

During school holidays and half term breaks, the junior club members and their friends can attend fun filled Tennis Camps at the club, where the children will have another opportunity to mix with other children of all ages and enjoy a mixture of fun games and be given the added opportunity to practice their tennis skills. The emphasis of these camps is on sportsmanship and teamwork (additional discounts available for family bookings).

2013 Holiday Camps				
Easter Camp 1	25/03/2013	26/03/2013	27/03/2013	28/03/2013
Easter Camp 2	02/04/2013	03/04/2013	04/04/2013	05/04/2013
Half Term Camp 3	28/05/2013	29/05/2013	30/05/2013	31/05/2013
Summer Camp 4	29/07/2013	30/07/2013	31/07/2013	01/08/2013
Summer Camp 5	05/08/2013	06/08/2013	07/08/2013	08/08/2013
Summer Camp 6	12/08/2013	13/08/2013	14/08/2013	15/08/2013
Summer Camp 7	19/08/2013	20/08/2013	21/08/2013	22/08/2013
Half Term Camp 8	21/10/2013	22/10/2013	23/10/2013	24/10/2013

Junior Club Tournaments and Tennis Competitions

During the course of the year there will be various tournaments for juniors of all ages and abilities, so they can put their newly improved tennis skills to test. These will include the Annual Club Championships, and for those who play on a regular basis the Road To Wimbledon Tournament in the spring, and the Aegon Team Tennis Inter Club Competitions. Details of all the Tournaments will be notified by e-mail, or on the website and also via the club noticeboards. The Annual Upton Hall West Cheshire Junior Tournament takes place from 20/07/2013 – 27/07/2013 this year.

Additional Tennis Coach Services Available

Tennis Equipment Sales

Replacement grips, over-grips, shock absorbers, used coaching tennis balls are available to purchase should members require them. Prices will be dependent on the individual items requested and manufacturer. Basic beginner tennis rackets of all sizes are also available for purchase for just £10.

Racket Restringing Service

I can arrange to have your racket restrung to your precise requirements. I will take your racket to a local stringer on your behalf and also collect it and return it to the club. The cost of the new string and the service of the stringer will be an additional cost.

Birthday Party Tennis Coach Hire

If you are thinking of hiring the Club House or the Victory Hall for a child's birthday party, I can provide fun filled tennis activities on the tennis court to help make your child's party even more fun. Price is £25 per hour.

Booking Forms

To book any of the above courses or services you will find a booking form inserted in this brochure, you can also print additional forms online via the club website should need more than one, or alternatively pick one up from the noticeboard inside the club house.

Club Coach Contact Details

Michael Schorah

Mobile Phone/Text: 07505 356724

Home Phone: 0151 639 0116

E:Mail: michael.schoraht21@btinternet.com

Postal Address: 14 Greenheys Road, Wallasey, Wirral, CH44 5UP

Qualifications

Lawn Tennis Association Licensed Club Coach*

United States Professional Tennis Registry Tennis Instructor

CYQ Level 2 Fitness Instructor

Level 2 Licensed Football Association Coach

*All LTA Licensed Tennis Coaches have valid Enhanced CRB Checks, and have valid First Aid qualifications and have also taken and passed certified LTA Tennis courses, which qualify them to coach Tennis in the UK.

Club Location

Upton Victory Hall Tennis is located at Rake Lane, Upton Village, Upton, Wirral, CH49 0US (Take the side street adjacent to the Eagle & Crown Pub) turn left to enter the car park. Please visit the following web page for precise location and directions:

www.uptontennisclub.co.uk/location/default.aspx

